

SEAN JAMESON

THE
READER'S
SEX TIPS
VAULT

 **Bad Girl's Bible**

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INTRODUCTION

Every once in a while, I get an email from a student telling me about a truly intense technique that they stumbled upon or detailing a passionate night they had with their man.

When I read emails like this, I get super excited. As well as getting excited, I think that the rest of the Bad Girl's Bible community would benefit greatly from them. So, I replied to each of them and asked if it was ok to publish their stories and techniques.

Thankfully, they all said yes...except for two people who held out :(

Many of them wanted to remain anonymous, which is totally fine as it doesn't change their techniques or stories.

As well as showing you their stories and techniques here, I also sent out an email to every reader, asking them to send in their best sex tips. Many replied with techniques that I have already written about, but some replied with truly awesome ideas that I think you are going to love. Again, some of the names have been removed or changed to keep their identities private, but thankfully this doesn't take away from their stories.

Lastly, you'll notice that all the messages have been formatted and spellchecked to make them easier to read. Let's jump in...

THE CHAMPAGNE BLOW JOB

Hey Sean, I loved the Blow Job Bible and you could probably guess that my man loves it too...he just doesn't know about it...he thinks it's all me...you're like my guardian angel...if guardian angels teach people how to have sex. Haha!

I've used pretty much every technique that you mentioned in the book, but there is one that I actually came up with myself when me and my man were having a sexy evening in last weekend. I decided to get a bottle of champagne to celebrate my man's promotion at work. While we were drinking it and chatting, I couldn't help but get a bit touchy-feely with him. I started to remove his pants and work some of my oral magic on him.

While giving him a blow job, I didn't actually do anything that wild or new. It was just a normal blow job, but with one very important difference. In between licking and kissing and sucking and caressing his cock with my lips, tongue and mouth, I thought it would be hot to take a small gulp of champagne and keep it in my mouth while taking him in and out of my mouth. He absolutely adored it.

It was a little messy because the champagne spilled a little bit over him, but I was able to lick it off him, which was really nice for both of us. He told me the bubbles felt great and gave my blow job a slightly different sensation than normal. So he certainly liked it. The crazy thing was that I found it super-hot. There is something luxurious or sexy that I can't quite put my finger on when champagne is involved. It makes everything far more intense and sexy. I try to use my champagne blow jobs sparingly on special

occasions only so my man doesn't get bored of them or expect them and because champagne is dam expensive! But when I do, we both always enjoy them...Sometimes I think I actually enjoy it more than he does!

THE HIDDEN POWER OF YOUR NAILS

How come you never talk about nails, Sean? I think half the reason I have such passionate sex with my man is because of how I use my nails when we get down to business. There is so much you can do with them.

When we are having slower, more passionate and caring sex, I like to slowly drag them over his back. It's quite light and he tells me that it feels a little ticklish but incredibly intimate. It's literally the simplest movement that I use. I just drag them up and down his back and sometimes over his shoulders too. Sometimes I also run them through his hair and very softly scratch his scalp. That's all I do, but he always tells me that it feels like the most caring, wonderful, loving thing in the world.

He tells me that using my nails during more passionate, rough and intense sex feels great too. I don't go light though. When we're having more intense sex, I really like to dig my nails into his back to grab a hold of him, but also to let him know how much I'm enjoying him. Sometimes, I drag my nails into his back, but often I just hold on and dig them in at the same place. Because we're the same height, I can grab his ass too, which he loves. When he's on top, I sometimes wrap my arms around his head and grab his hair at the back of his head by his scalp and dig my nails in slightly, but not as hard as on his back. He loves it in the moment, but he tells me that he loves seeing the marks I left on his back when he's getting changed.

THE POWER OF SURPRISE

Sean,

At first I was skeptical that “some guy on the Internet” was going to help me improve my sex skills, but you kept your promise, so thank you for that! And if my man knew about you, I think he’d want to thank you too.

I’m writing you as you mentioned in your emails that if I ever had a problem or wanted to chat, I should do so. Well, I have a little trick up my sleeve that I’ve been using the last year or so that I haven’t seen you mention ever on the site or in your newsletters. I call it the Power of Surprise.

It’s nothing new per se, but what I do is try to surprise my man in the most enjoyable way possible, when he’s least expecting it.

Two weeks ago, we were both just sitting down on the couch, watching some Netflix and halfway through, I just started rubbing his crotch and then started giving him a hand job. He was totally caught off guard and he loved it...and I loved it too...the Power of Surprise.

Last month, we were at a friend’s house for a party, actually it’s more like a mansion. Halfway through, when I was a little tipsy, I grabbed my man and we snuck off to a bathroom far away from everyone and started making out. I didn’t really plan it, but the next thing you know, we were having sex. Ten minutes later, we returned to the

dining room separately as if nothing happened. My man would not stop texting me about it the whole next week and I couldn't be happier. Also, sex in a mansion feels better :) It was so hot, simply because it was completely unexpected and surprised my man.

One way that I surprise my man fairly regularly is by going upstairs and getting naked before returning downstairs. Sometimes, I come back downstairs wearing lingerie, but mostly I'm just naked. I only do this about 4-5 times per year, to keep it fresh and to keep my man on his toes, but it always surprises him and gets a great reaction. One thing I started doing when I'm naked is acting as if I'm fully clothed. So I just try to talk to my man as normal and act as if nothing happened. The more he starts touching me, the more I "pretend" to get annoyed and "pretend" that I just want to talk. It drives him insane in the right way!

I hope you like my idea. It's not anything crazy, but it works like magic for me and my man.

Shaiqua

AIRBNB, NOT A HOTEL

Hey Sean, I thought you should know about AirBnb and why it's so good for your sex life.

(Note from Sean: Airbnb is sort of like a hotel, but instead of staying in an anonymous hotel room, you get to stay in someone's furnished apartment. No matter which city you're in, you always have lots of choices for what type apartment you stay in, so it can be big or small, luxurious or simple.)

We have 3 kids under 8 and life at home can get very hectic at times. In fact, most of the time, I'm too exhausted taking care of them to worry about myself, so as you can imagine our sex life has taken a major blow these last few years.

Myself and my boyfriend sat down 3 years ago when our third was nearly here and started talking about how we would manage our time with 3 kids so that we could spend time with them, but also have some time alone to ourselves too. We decided that once the youngest was old enough so that a baby sitter could look after her, we would try to get a motel/hotel room for one night every two months or so, so that we could spend time away from the house and start enjoying our sex life again.

It worked. But not as well as I hoped. We live in a small house, so going somewhere without the kids is great to give ourselves some space. The problem is that we don't have a lot of money, so staying in a cheap hotel/motel is not the best thing for making me feel sexy...something about those old "box" TVs just doesn't get me going...

Still though, it was better than nothing.

Then one day, I was talking about our hotel/motel arrangement with a friend. She told me I should try an AirBnb the next time. With a lot of hesitation, I did. I mean, it does feel a little weird to be staying in someone else's house or apartment!

But it was a great experience.

When we arrived, our host showed us around and then left and we didn't see her again until we checked out.

I couldn't believe it. We had a whole apartment to ourselves that looked so cozy and beautiful and pretty. It felt so good and ever since then, we've ditched our hotel/motel arrangement and now only stay in AirBnb places, sometimes for 2 nights! I can't recommend them enough if you are looking for a staycation that won't break the bank, especially if you just need a night away from the kids.

JUST WRESTLE

Hi Sean,

I'm loving your tips and newsletter. Sometimes, I wish you had some tips I could give my man! Anyway, I wanted to tell you a story about my sex life and how you helped improve it, but it's also about how I improved it myself.

Before I started getting your newsletter, I really only tried out about 4-5 different sex positions along with some variations of them. Blow jobs were an up and down motion only. And foreplay was just some kissing. That was it! Sex was still good, but it never blew my mind like my friends said it should. After a friend recommended the Bad Girl's Bible, I read through it and couldn't believe I was missing out on so much.

I started trying out new sex positions, blow job techniques and other tips you mentioned. It even inspired me to try out new things on my own. Your self-pleasure tips were great, but they actually helped most when trying to orgasm during sex :)

Something I stumbled upon when I was dating this one guy was wrestling. I really mean "play" wrestling because it was just fun and not serious. We were joking around in bed one morning when I tried to pin him to the bed. He then slowly struggled free and pinned me to the bed. But I kept squirming and dodging out of the way so that he couldn't kiss me while he had me pinned. I locked my legs together so he couldn't have any fun while pinning me down either.

But he slowly found a way to force them open and get between them. It was so hot. Then as I got weaker and he got more excited he entered me and we started having sex. It was like the perfect buildup, trying to fight him off, but eventually giving up.

Now we wrestle all the time, even when we're not in the bedroom. One time, we were both lying down on the couch and I snatched the remote control away from him. He tried to get it back but I managed to hold out for a little bit before he got it. It was so hot! Another time, we were at the beach with friends when we decided to have an egg and spoon race. He pulled out ahead, so I decided to nudge him which made him drop his egg. He turned around laughing and pretending to be angry. He then grabbed me and we ended up wrestling a little bit in front of our friends at the beach, before realizing that we may have gone a bit too far, lol. The rest of the day at the beach, we kept nudging each other and play fighting with each other. It may not sound like something hot, but it was. It's like perfect for building sexual tension or something.

I guess what I'm trying to say is that you need to write about wrestling and why it's so much fun Sean!

Thanks for everything

TEXTING HIM HIS CHOICE

Sean, you are a gem. I love the Dirty Talking Bible so much, it's got so many great tips in there for keeping my man on his toes, hehe ;) One thing I do that works really well when texting my man naughty things is that I give him a choice. Sometimes, I just randomly send him a text like this in the middle of the day when he's at work:

“Blow job or hand job tonight?”

He always writes back instantly with his answer and some smiley faces. I then reply with a kiss smiley and don't text him for the rest of the day. When he gets home, I give him what he chose. He usually rushes home to get it too!

It's not always *“Blow job or hand job tonight?”* though. Sometimes, I will send him 2 pictures, one of me wearing lingerie and then another of me naked with the caption, *“Clothes or no clothes?”* Once I even texted, *“Blow job watching TV or blow job in the bedroom?”* Sometimes I think I get just as excited as he does when I do this. I'm not sure if this is supposed to happen, but seeing the excitement and horniness on his face just sends me into overdrive.

One thing that I noticed when I started sending him these messages is that when I use them really often, like 3 times per week, the surprise and excitement from my man is not that great, but when he only gets these kinds of messages once a month or every three weeks, it's far more effective.

TIPS ON EATING OUT

Sean, I know that the Bad Girl's Bible is all about pleasuring your man and pleasuring yourself. But how come you never write tips on how to get the most out of cunnilingus. I adore my man going down on me, but over the years, I've given him a bunch of tips that have definitely improved his technique that I think you should know.

The first is that often I need more pressure from my man, sometimes less. I thought he would instinctively know how much pressure to apply with his tongue, but of course he doesn't, how could he know? Instead of barking instructions at him like I'm some kind of sex drill sergeant, I just grabbed his hair one day so I could pull him closer into me to provide more pressure, then as I came and got more sensitive, I pushed his head away.

How did I never think of this before?

Now, whenever I want more/less pressure I just grab his head. Sometimes, I feel like I am grinding on him, but he loves it, it's a win-win!

The second thing that I discovered is how good it feels when my man puts his mouth over the top part of my vagina and sucks, so that my clit is in the center of his mouth. Sometimes, he just sucks gently, sometimes hard, sometimes in a rhythmic in-an-out motion. Other times, he sucks in and then rubs his tongue over it. It feels incredible and there are so many different ways that he can suck my clit.

The third thing is probably the easiest. My man always thought that spelling the alphabet with his tongue was supposed to be the best cunnilingus technique. The crazy thing is that so did I! Now, I just laugh whenever I hear it mentioned in popular culture. For me, the best cunnilingus technique is what we call, “*From the bottom to the top.*”

All my man does is make sure that his tongue is as wide as possible and as wet as possible. He then starts at the bottom of my vagina and slowly licks to the top of my vagina using a lot of pressure. He doesn't exactly lick, instead he keeps his tongue pretty still so it can stay wide, but moves his head from the bottom to the top. And that's it. Just this technique, over and over is enough for some crazily intense orgasms.